GP Mental Health Care Plan
Provides a structured approach for the management of patients with mental disorders

**Patient Assessment**
- Record the patient’s agreement for this service
- Relevant history taking
- Mental state examination
- Assessing associated risk and co-morbidity
- Diagnosis/Formulation
- Administration of an outcome tool (except where considered clinically inappropriate)

**Preparation of the GP Mental Health Care Plan**
- Discuss assessment with the patient
- Discuss referral & treatment options
- Agree goals with the patient and any patient actions
- Provision of psycho-education
- Crisis Intervention and/or Relapse prevention plan, if appropriate at this stage
- Arrange for required referrals, treatment etc
- Document all in the patient’s GP Mental Health Care Plan

**Claim Item Number**
- **2710**

100% rebate $150

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**The GP Mental Health Care Plan**
Eligible patients are those with a mental disorder who would benefit from a structured approach to the management of their care needs. In addition to normal referral arrangements, patients with a GP Mental Health Care Plan are eligible for access for up to 12 Medicare rebates per calendar year for focussed psychological strategies or psychological therapies – (six initial services with possibility of re-referral for a further 6 services subject to GP assessment of need) A rebate will not be paid within 12 months of a previous claim for the same item or within 12 months of a claim for a 3-Step Mental Health Process—1 per patient per calendar year or within 3 months following a claim for a review. A new plan should not be prepared unless clinically required.

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**GP Mental Health Care Review**
Enables a review of the patient’s progress against the goals outlined in the GP Mental Health Care Plan

**Claim Item Number**
- **2712**

100% rebate $100

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**The GP Mental Health Care Review**
Initial Review between 4 weeks and 6 months after the completion of the GP Mental Health Care Plan
Further review 3 months after the first review if required
The review item may also be used where a psychiatrist has prepared an assessment and management plan, (Item 291) for GP management of a patient
A rebate will not be paid within 3 months of a previous claim for the same item or within 4 weeks of a claim for a GP Mental Health Care Plan item.

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**GP Mental Health Consultation**
An extended consultation with a patient where the primary treating problem is related to a mental disorder

**Claim Item Number**
- **2713**

100% rebate $66

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**The GP Mental Health Consultation**
Consultations should be at least 20 minutes duration
May be used for ongoing management of a patient with a mental disorder, including for patients being managed under a GP Mental Health Care Plan

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IMPORTANT: GPs should refer to the Medicare Benefits Schedule for details of the requirements for these items—click here